
About Happy Hands

Happy Hands is a group of seniors who use ASL and meet monthly for social activities and workshops.

In 1976, Reuben Altizer originated the idea of a club for deaf/hard of hearing seniors. He and his wife, Hilda, were charter members.

The first meeting was held at the Wilson Library under the auspices of Fairfax County. The name “Happy Hands Club” was selected by the group. The club moved to Arlington County in 1977, meeting in the old Hanna Hall and later at the Cherrydale Senior Center. Since 1994, the club meets at NVRC in Fairfax.

Today, Happy Hands and NVRC have a special relationship and work together to provide happy experiences for the seniors of Northern Virginia.

Northern Virginia Resource Center for Deaf and Hard of Hearing Persons’ mission statement:

“Empowering deaf and hard of hearing people and their families through education, advocacy and community involvement.”

Some things NVRC provides for Happy Hands:

- * free meeting room
- * staff support
- * partnership with Fairfax County and other organizations to provide supported programs, interpreters, and guest speakers.



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Founded 1976

Happy Hands

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Monthly Meetings

The Happy Hands gatherings are held monthly on the first Wednesday from 10:00AM to 2:00PM. We have lunches. We provide presentations, workshops, activities, etc.

Annual Membership dues for Happy Hands is \$15.00

(if you want hardcopies, \$30)



Fine Tuners for 2023-2024

Monthly HH Newsletters

HH newsletters are sent monthly by mail and/or email.

SEPTEMBER 2023

SENIORS' CHAT

Don's Column

HAPPY BIRTHDAY
...to the folks with birthdays in September

Washington Nationals



Potlucks



Social Chats at Wegmans



Birthday Celebrations



Fire Drill Practice



Presentations



Celebrate Communication



Occoquan Regional Park